

BUILDING SUPPORT AND GAINING FUNDING

Worked with the Dean of Atkins Library, AD of Public Services, Patron Services Manager, and Student Engagement Committee to develop grant proposal idea.

Project funded by Counseling and Psychological Services using Higher Education Emergency Relief Funds (HEERF) to support student wellness and mental health in February 2022.

Began communicating with Collection team to discuss process and procedures for acquisition and processing of new materials.

SELECTING ITEMS

Solicited recommendations from Public Services librarians and reviewed comparative collections at other academic libraries. Decided items should:

- Promote relaxation, wellness, and focus
- Be relatively expensive; items that students may not be able to afford on their own
- Not require regular cleaning, maintenance, or be seen as potentially unhygienic (e.g., scalp massagers, yoga mats, fidget spinners)

PURCHASING & CATALOGING

Purchased through Amazon due to quick spending deadline

- Prevented addition of eBooks to collection

Items processed by cataloging and metadata teams who

- Designated collection items in LMS (Alma-Primo) & added funding note to records
- Created collection in Primo for virtual book browsing
- Barcoded each item & labeled carrying cases

ASSESSMENT PLAN

Worked with Assessment Team to track checkout stats and designed survey questions to assess if collection is meeting user needs, satisfaction, and gather suggestions for future additions to collection. Survey shared in two ways:

- Email survey to users that checkout items
- Link to survey in LibGuide

STUDENTS, IN THE ACADEMIC LIBRARY, WITH A WHITE NOISE MACHINE

Natalie Ornat
Humanities Librarian

Christin Lampkowski
Emerging Technologies Librarian

Olivia Patterson
Student Success Librarian



SELF-CARE COLLECTION GUIDE
<https://guides.library.uncc.edu/selfcare>



Project made possible by Higher Education Emergency Relief Funds

COLLECTION POLICIES

Books
3 week loan, 2 renewals

Devices
1 week loan, no renewals, 24 hour re-loan limit

Both
No overdue or replacement fees in order to reduce potential stress or anxiety.

MARKETING THE COLLECTION

Logo and branding developed to promote the collection.

- Developed Collection Guide as central web presence
- Utilized library social media and screens throughout library building
- Included information in campus-wide newsletters
- Leveraged faculty connections to share with students



My Little Morphee
192 meditation sessions



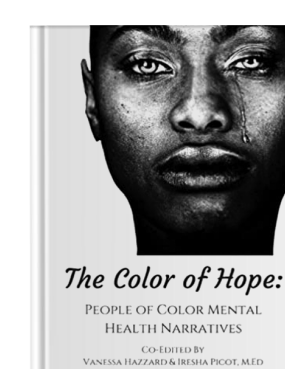
Dohm Classic
White Noise Machine



Buddha Board
Low tech relaxation and mindfulness



Blisslights Sky Light
Laser Star Projector



Books
A variety of self-care subjects, particularly ones written by BIPOC authors for BIPOC audiences

TIPS FOR CREATING YOUR SELF-CARE COLLECTION

- Identify who will work with the collection and bring them into the fold early
- Consider space limitations and public service desk capacity for a new and evolving collection
- Collaborate with campus counseling or wellness services on collection development
- Assess student needs and gaps in collection
- Incorporate collection into library programs and services

ASK US ABOUT OUR NEXT STEPS FOR THE SELF-CARE COLLECTION!